What makes us healthy?

As little as 10% of a population’s health and wellbeing is linked to access to health care.

We need to look at the bigger picture:

- Good work
- Our surroundings
- Money & resources
- Housing
- The food we eat
- Education & skills
- Transport
- Family, friends & communities

But the picture isn’t the same for everyone.

The healthy life expectancy gap between the most and least deprived areas in the UK is: 19 years
TIG and the Outer Hebrides

Based on the west coast of Scotland, TIG look after a chain of 13 inhabited islands with a population of 27,000
With 12,707 occupied properties in the Outer Hebrides
National Fuel Drivers

• Energy inefficient buildings
• High fuel costs
• Low income
• The use of heating systems

Distinctive Islands Drivers

• Adverse weather
• Longer winter periods
• Detached and exposed homes
• Single occupancy rates
• Larger family homes
• Low quality post-war homes
• Materials costs substantially higher
• Culture
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Fuel Poverty in the Western Isles: 10 Lessons
Interim Report of the Moving Together Project
Graeme Sherriff, Cormac Lawler, Danielle Butler, Philip Brown

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